



# Pivotal Response Training

## Caregiver Mediated Early Years

### What is Pivotal Response Training ?

Pivotal Response Training is a naturalistic developmental behavioural play-based intervention for children who can make some identifiable speech sounds. It is for caregivers who want to:

- x Learn strategies to help motivate their child's learning, play, communication, engagement, and social interactions
- x Teach their child how to communicate
- x Feel empowered to motivate their child to engage with others and initiate interactions
- x Benefit from learning the core strategies of PRT to support their child's development

Pivotal Response Training is supervised by a Board Certified Behaviour Analyst or Psychologist and delivered by therapists with experience implementing Applied Behaviour Analysis programs for children with Autism Spectrum

Ontario Autism Program: Caregiver-Mediated Early Years Programs.

### What is the program commitment?

12-week program consisting of 2 group sessions, and 9 one-hour individual coaching sessions with a therapist.

### Why consider Pivotal Response Training and what are the benefits ?

#### Caregiver Objectives:

- x Demonstrating shared control in interactions with the child
- x Setting up opportunities for the child to respond
- x Interspersing easy and new tasks throughout the day
- x Providing natural and contingent reinforcement
- x Reinforcing language attempts